## Chalmette High School January 2024 Lunch Menus

All St. Bernard Parish Public School students are eligible for one free breakfast and one free lunch per day during the 2023-2024 school year

Milk \$0.50 Juice \$0.50				
Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	2	ASIAN CHICKEN FRIED RICE CARROTS DINNER ROLL MIXED VEGETABLES FRUIT CUP JUICE	BBQ CHICKEN AU GRATIN POTATOES DINNER ROLL BROCCOLI FRESH FRUIT JUICE	PEPPERONI PIZZA CHEESE PIZZA LETTUCE &TOMATO CUP CARROTS & CUCUMBERS FRUIT CUP JUICE
JAN HAPPY NEW YEAR		PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	HAMBURGER CHEESEBURGER SLICED TOMATOES LETTUCE VEGETABLES FRUIT CUP JUICE
8	9	10	11	12
GRILLED CHICKEN BREAST YELLOW RICE STEAMED BROCCOLI LETTUCE & TOMATO CUP DINNER ROLLS FRUIT CUP JUICE	NACHOS WITH MEAT SALSA STEAMED CORN LETTUCE FRESH FRUIT JUICE	TURKEY ROAST BROWN RICE DINNER ROLLS GREEN BEANS LETTUCE & TOMATO CUP FRUIT CUP JUICE	MEATSAUCE & PASTA FRENCH BREAD BROCCOLI LETTUCE & TOMATO CUP FRESH FRUIT JUICE	HOT DOGS BAKED BEANS MIXED VEGETABLES COOKIES FRUIT CUP JUICE
HAMBURGER CHEESEBURGER SLICED TOMATOES LETTUCE VEGETABLES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	CHICKEN PATTY ON BUN LETTUCE SLICED TOMATOES VEGETABLES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE
15	16	17	18	19
BBQ TURKEY SANDWICH BAKED BEANS SLICED TOMATOES LETTUCE CHIPS FRUIT CUP JUICE PEPPERONI PIZZA	BEAN & CHEESE BURRITO SPANISH RICE STEAMED CORN BROCCOLI SALSA CUP FRESH FRUIT JUICE HAMBURGER CHEESEBURGER	CHICKEN GUMBO GRILLED CHEESE BROWN RICE MIXED VEGETABLES DINNER ROLL LETTUCE & TOMATO CUP FRUIT CUP JUICE PEPPERONI PIZZA	HAMBURGER CHEESEBURGER FRENCH FRIES SLICED TOMATOES LETTUCE CHIPS FRUIT CUP JUICE PEPPERONI PIZZA	CHICKEN PATTY ON BUN VEGETABLES LETTUCE SLICED TOMATOES FRUIT CUP JUICE  PEPPERONI PIZZA CHEESE PIZZA CARROTS
CHEESE PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	VEGETABLES SLICED TOMATOES LETTUCE FRUIT CUP JUICE	CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	SLICED CUCUMBERS LETTUCE & TOMATO CUP FRUIT CUP JUICE
22	23	24	25	26
CHICKEN TENDERS RED BEANS BROWN RICE CORNBREAD BOWL CARROTS FRUIT CUP JUICE	TACOS SALSA YELLOW RICE LETTUCE STEAMED CORN FRESH FRUIT JUICE	BAKED CHICKEN GREEN BEANS DINNER ROLL MAC &CHEESE LETTUCE &TOMATO CUP FRUIT CUP JUICE	MEATBALLS & PASTA TOMATO SAUCE DINNER ROLL BROCCOLI LETTUCE & TOMATO CUP FRESH FRUIT JUICE	CHICKEN ALFREDO DINNER ROLL CALIFORNIA BLEND VEGETABLES LETTUCE & TOMATO CUP FRUIT CUP JUICE
PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRESH FRUIT JUICE	HAMBURGER CHEESEBURGER VEGETABLES SLICED TOMATOES LETTUCE FRUIT CUP JUICE	CHICKEN PATTY ON BUN VEGETABLES LETTUCE SLICED TOMATOES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA LETTUCE & TOMATO CUP SPINACH FRUIT CUP JUICE
29	30	31	1	2
CHICKEN PATTY ON BUN BAKED BEANS LETTUCE SLICED TOMATOES FRUIT CUP CHIPS JUICE	SALISBURY STEAK MASHED POTATOES DINNER ROLL GREEN PEAS FRUIT CUP JUICE	ASIAN CHICKEN FRIED RICE CARROTS DINNER ROLL MIXED VEGETABLES FRUIT CUP JUICE	BBQ CHICKEN AU GRATIN POTATOES DINNER ROLL BROCCOLI FRESH FRUIT JUICE	PEPPERONI PIZZA CHEESE PIZZA LETTUCE & TOMATO CUP CARROTS & CUCUMBERS FRUIT CUP JUICE
PEPPERONI PIZZA CHEESE PIZZA VEGETABLES FRUIT CUP JUICE	CHICKEN PATTY ON BUN VEGETABLES LETTUCE SLICED TOMATOES FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLE CHOICE FRUIT CUP JUICE	PEPPERONI PIZZA CHEESE PIZZA VEGETABLE CHOICE FRUIT CUP JUICE	HAMBURGER CHEESEBURGER SLICED TOMATOES LETTUCE VEGETABLES FRUIT CUP JUICE